E-Safety

Welcome to the third edition of St Paul's E-Safety Newsletter. Our newsletter is aimed at parents/carers to help explain what we are doing in school to help ensure that all members of our school community are kept safe whilst enjoying the wonderful tool that is the internet. Please share this leaflet with your child.

Develop Digital Skills

Swimming pools can be dangerous places, so we teach children to swim. Crossing the road can be dangerous, so we teach children road-skills. We do not stop children swimming or crossing roads! In the same way, we must teach children to be safe in the online world, so they can have fun, communicate, create and learn. We must also be aware of the danger signs so we can deal with any situation.

Using the Internet safely at home develops family boundaries

Some useful guidelines for you to use when you talk to your child:

- Be kind online. Just because you can't see a person doesn't mean that you can't hurt or offend.

- Think before you post or forward anything. Think about those selfies! Once you upload comments, pictures or videos, others will be able to see or capture them.

- Don't upload pictures or videos of others without their permission. Everyone has a right to protect their data.

- Play virtual BUT live real! Computer games are fantasy! Many people 'pretend' to be something they are not online.

- Be careful about pop-ups and adverts that say "you have won" something! This is usually a scam.

- Be careful what you click on – such as odd links or attachments. If in doubt, do not open it - delete it . It could be a computer virus. Also people try to get hold of your details.

- Only message, chat or e-mail people you know or trust in the 'real' world.

- Don't use your real name when using games or websites - create a nickname.

- Use passwords. Treat passwords like your toothbrush – don't share!

- Think carefully about where you go online. Use websites recommended by teachers. Not all content is genuine. Content can be unfair or just nasty.

- Only use a webcam with people you really know offline. A video can expose you to embarrassment or danger.

- Don't give out personal information about yourself, friends or family online that lets people find out your home address, mobile, the school you go to, etc.

- When you are old enough to use social networking sites (usually 13+), know how to set your profile and location to private and how to block and report people.

- Never arrange to meet an online friend without a trusted adult.

- Know the danger signs that someone is trying to 'groom' you.

- Tell an adult you trust immediately if anything makes you worried or unhappy.

- If you think it's serious, report it to CEOP.

CLICK CEOP Internet Safety

Cyberbullying

Unfortunately, people can use technology to bully others. So be aware if your child's mood changes. If they are being bullied, support them. Follow it up. Keep the evidence. Contact your child's school for help. Contact the website owner or phone company if necessary. Get advice from an organisation such as BullyingUK or Childline.

Grooming

Grooming is when someone builds an emotional connection to gain trust for the purposes of sexual abuse or extremist exploitation. Groomers may be other young people who are just a few years older. Young people may do things because they are simply exploring their understanding of the world or because they feel under pressure, bullied or think everyone does it. Talk to your child about loving, caring, respectful relationships and sex. Get advice from an organisation such as NSPCC or Thinkuknow.

Develop trust

It can be surprisingly easy for young people to access inappropriate material, mostly accidentally. So try to develop trust. It is most important that your child feels able to tell you if they find anything inappropriate, do something 'wrong', or they get inappropriate or unwanted attention from someone. There are some issues such as online gambling or sites that promote being very thin for example, that your child could also be affected by. If something happens, don't over-react. Children experiment and make mistakes. Stay calm.

Useful tips and information for Parents

Some useful websites for parents

ThinkuKnow: www.thinkuknow.co.uk
ChildLine: www.childline.org.uk
NSPCC: www.nspcc.org.uk
Connect Safely: www.connectsafely.org
BBC WebWise: www.bbc.co.uk/webwise
Get Safe Online: www.getsafeonline.org
Internetmatters: www.internetmatters.org
Childnet: www.childnet.com
Parent INFO: www.parentinfo.org
BullyingUK: www.bullying.co.uk
Age rating of games: www.commonsensemedia.org/game-reviews
Gambling advice: www.gambleaware.co.uk
Eating disorders advice:
www.nhs.uk/Livewell/eatingdisorders/
Tackling extremism: www.activechangefoundation.org/

Listen to your child
Encourage debate and questioning, particularly on local and world events and help them see different points of view. Help them understand that what they see or read may not be the whole picture.

Tips for parents

Take age-appropriate precautions

With young children:

- Use technology in a shared family room.
- Find and make child-friendly sites favourites for them to use.
- Use child friendly search engines such as:

    www.kidrex.org/
    www.safesearchkids.com
    www.primaryschoolict.com
    www.swiggle.org.uk

- Check the age rating of the games your child plays. There is help from organisations such as Common Sense Media.

3 7 12 16 18

- Get advice from your child's school about age-appropriate links and content.

- When out and about in public places, look out for the filtered Friendly WiFi service.

digital
Friendly WiFi

Put in sensible technical solutions

Most Internet Service Providers and mobile phone companies offer filtering systems and parental controls to help you safeguard your child at home or on the move. Find out how these work from your provider, or see support online such as Safer Internet Centre.

Bear in mind what older siblings might be showing their younger brother or sister. Be aware of your own behaviour, as children copy their parents. So agree some rules as a whole family. There are help guides from organisations such as ConnectSafely and BBC webwise.

Filter / block / stop - short-term protection
Develop digital skills - protection for life

Talk to your child: Conversation starters

What site are you using?

Why do you like the site?

What can you do on it?

What's so fun about it?

Who uses it at school?

Who can you talk to when on the site?

Who are your friends on it?

Exciting E-Safety Parent Workshops

E-Safety

GREGGS
Always Fresh. Always Tasty.

Over his year we have organised a variety of E-Safety workshops these have been sponsored by Greggs the Baker in Allaway Avenue who will be providing free cakes to parents and carers who attend the workshops. The workshops are a great way of learning how to keep your child safe online and to ask questions that you may not know the answer to with regards to the internet.

Date	Time	Location	Year Group
15th March	2:45pm	Main School Hall then into classrooms to work with your child	Year 3/4
3rd May	2:45pm	Main School Hall then into classrooms to work with your child	Year 1/2
14th June	2:45pm	Main School Hall then into classrooms to work with your child	Reception

E-Safety at St Paul's what do we do?

Each unit of computing covers an element of the national curriculum concerned with Esafety. Every half term we will be sending home a new Esafety leaflet which shows the skills that will be taught.

Year	Spring 2 E-Safety Skills
1	We are Collectors As pupils will be working with the web and searching for images, they'll need to make sure they use this technology safely, as well as showing respect for others' intellectual property through observing copyright conditions. The pupils are taught to turn the screen off and let their teacher know if they have any concerns over content they encounter. The pupils are also introduced to the school's Acceptable Use Policy, if they haven't already had this explained to them.
2	We are Researchers The pupils consider how to stay safe while researching online, and show respect for others' ideas and intellectual property by citing their sources, and using licensed images. Safe search filters are in place for using Google or Bing and school internet access is filtered.
3	We are vloggers Pupils learn that everything they do online leaves a trail, culminating in their digital footprint. They discover the use of safe search modes or child friendly search engines, and learn what to do if they meet inappropriate content. They also become familiar with intellectual property rights, including Creative Commons Licenses, and the importance of acknowledging other people's work. Pupils learn that they should seek permission before taking photographs.
4	We are HTML editors The pupils learn how easy it is to create content for the web. The unit provides an opportunity to address some of the risks of using the web, and how pupils could best keep themselves safe while doing so. They learn how easily web pages can be modified, which provides an opportunity to consider the reliability of web-based content.
5	We are Web Developers Online safety forms the focus of this unit, with the pupils working collaboratively to develop a website in which they present their own authoritative content on a broad range of issues around the safe and responsible use of technology. In doing so, they consider the reliability and bias of online content, how to contribute positively to a shared resource, and how to use search engines safely and effectively.
6	We are Network Technicians Pupils discuss the safety implications of internet communication, e.g. that data can be intercepted and read as it travels across the internet, and that links, or even domain names, don't always point to the computers they should.