



Parent Help sheets

Below are links to a wide variety of information leaflets that can support parents/carers within online safety at home.

[Sleeping and Dreaming, an E-Safety concern?](#)

[What are PEGI ratings?](#)

[Setting Computer Boundaries](#)

[Video Games](#)

[Apps and Apps](#)

[How to discuss safe use with your child](#)

[Risks of Social Networking Sites](#)

[Cyberbullying](#)